



LIFEBARS



LOSE
FAT
FOR
GOOD!

NUTRITION & DIGESTIVE SUPPORT TO PROMOTE FAT-BURNING

BENEFITS:

By combining an ideal mix of healthy fats, proteins, prebiotic fiber, advanced immune support, and whole food vitamins and minerals, the Alovéa LifeBar helps the body:

- Reboot to an efficient fat-burning metabolism
- Reduce or eliminate sugar crashes and cravings
- Curb hunger and increase your fiber intake to support digestive health
- Support your body's immune system with the power of Immūn's proprietary Alovéa AE (Acemannan Extract)



DID YOU KNOW?

The hormone leptin tells the brain how much fat we have stored, so the body knows how much fuel to burn. Inflammation can disable the brain's ability to sense leptin, however, sending the body into sugar-burning mode, conserving fat, and sending our cravings through the roof.

"My sugar cravings are much less, and I lost several pounds and inches, mostly in my waist. I'm feeling healthier overall!"

— Naomi G., Competitive Athlete

DELICIOUS & NUTRITIOUS:

The Alovéa LifeBar — available in Dark Chocolate, Caramel, Chocolate Mint or Blueberry Pomegranate — was developed to target the problem of leptin insensitivity in a way you can enjoy and sustain. Every LifeBar contains:

- High healthy fats and fiber
- Low net carbs (<2g of sugar)
- Moderate amounts of plant-sourced proteins
- Fermented vitamins and minerals supercharged with Acemannan

Eat 1 or more LifeBars daily as desired. Drink 16 oz of water with each.



Alovéa LifeBar™ can support our Customers and Partners with the most advanced nutritional support for healthier living. Every product purchased also helps to nourish children in need through our Buy 1, Nourish 2™ giving initiative. For details, visit us online at alovea.com/hopemovement

www.alovea.com/lifebar

Do Health Different!

ABOUT BIO-TRANSFORMED NUTRIENTS The fermentation of friendly micro-organisms transforms vitamins and minerals into a highly complex source of nutrients. These nutrients — found in Alovéa LifeBar just as they are in all fermented foods — are bound in a matrix containing lipids, proteins, beta glucans, and a wide variety of phytonutrients.



Nutrition Facts

14 Servings Per Container
Serving size 1 bar (45g)
Amount Per Serving
Calories 170

Amount Per Serving	% Daily Value*
Total Fat 8g	10%
Saturated Fat 1g	5%
Trans Fat 0g	0%
Cholesterol <5mg	3%
Sodium 70mg	3%

Amount Per Serving	% Daily Value*
Total Carbohydrates 18g	7%
Dietary Fiber 12g	43%
Sugars 1g	0%
Added Sugar 0g	0%

Amount Per Serving	% Daily Value*
Protein 7g	14%
Calcium 28mg	2%
Iron 2mg	10%
Potassium 120mg	3%

Vit A 30% • Vit C 30% • Vit D 32% • Calcium 2% • Iron 10% • Vit E 120% • Vit K 30% • Vit B1 36% • Vit B2 30% • Vit B3 30% • Vit B6 30% • Vit B12 38% • Folate (B9) 30%
Biotin 30% • Pantothenic Acid (B5) 30% • Iodine 30% • Magnesium 12% • Zinc 30% • Selenium 30% • Copper 34% • Manganese 42% • Molybdenum 30% • Chromium 30%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. | Calories per gram: Fat 9 • Carbohydrates 4 • Protein 4

CHOCOLATE MINT (Gluten-free, Non-GMO)

Soluble Prebiotic Fiber, Dark Chocolate (Maltitol, Unsweetened Chocolate, Cocoa Butter, Milk Fat, Soy Lecithin, Pure Vanilla, Vanillin), Organic Sunflower Butter, Pea Protein, Quinoa, Cashews, Golden Flax, Almonds, Natural Flavors, Chia Seeds, Flax Seed, Organic Cocoa Powder, Organic Blackened Cocoa, Fermented Whole Food Vitamins and Minerals, Alovéa AE (Certified organic Aloe vera inner leaf gel powder), Vitamin E, Organic Peppermint Oil, Organic Stevia Extract. Contains: Tree Nuts, Soy Lecithin, Milk Fat.



Nutrition Facts

1 Serving Per Container
Serving size 1 bar (45g)
Amount Per Serving
Calories 170

Amount Per Serving	% Daily Value*
Total Fat 8g	10%
Saturated Fat 1g	5%
Trans Fat 0g	0%
Cholesterol <5mg	3%
Sodium 85mg	4%

Amount Per Serving	% Daily Value*
Total Carbohydrates 18g	7%
Dietary Fiber 14g	50%
Sugars 1g	0%
Added Sugar 0g	0%
Protein 7g	14%

Amount Per Serving	% Daily Value*
Vitamin D-2 6mcg	32%
Calcium 24mg	2%
Iron 1.8mg	10%
Potassium 100mg	2%

Vit A 30% • Vit C 30% • Vit D 32% • Calcium 2% • Iron 10% • Vit E 120% • Vit K 30% • Vit B1 36% • Vit B2 30% • Vit B3 30% • Vit B6 30% • Vit B12 38% • Folate (B9) 30%
Biotin 30% • Pantothenic Acid (B5) 30% • Iodine 30% • Magnesium 12% • Zinc 30% • Selenium 30% • Copper 34% • Manganese 42% • Molybdenum 30% • Chromium 30%

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CARAMEL (Gluten-free, Non-GMO)

Soluble Tapioca Fiber, Dark Chocolate (Maltitol, Unsweetened Chocolate, Cocoa Butter, Milk Fat, Soy Lecithin, Pure Vanilla, Vanillin), Organic Sunflower Butter, Pea Protein, Golden Flax, Almonds, Cashews, Peanuts, Quinoa Crisps, Flax Seed, Natural Flavors, Chia Seed, HOPE Blend fermented Whole Food Vitamins and Minerals, Alovéa AE (Certified organic Aloe vera inner leaf gel powder), Vitamin E, Sea Salt, Organic Stevia Extract. Contains: Tree Nuts, Soy Lecithin, Milk Fat.

Nutrition Facts

1 Serving Per Container
Serving size 1 bar (45g)
Amount Per Serving
Calories 170

Amount Per Serving	% Daily Value*
Total Fat 8g	10%
Saturated Fat 1.5g	8%
Trans Fat 0g	0%
Cholesterol <5mg	3%
Sodium 65mg	3%

Amount Per Serving	% Daily Value*
Total Carbs 19g	7%
Dietary Fiber 13g	46%
Sugars 1g	0%
Added Sugars 0g	0%
Protein 7g	14%

Amount Per Serving	% Daily Value*
Vitamin D-2 6mcg	32%
Calcium 20mg	2%
Iron 1.8mg	10%
Potassium 115mg	2%

Vit A 30% • Vit C 30% • Vit D 32% • Calcium 2% • Iron 10% • Vit E 120% • Vit K 30% • Vit B1 36% • Vit B2 30% • Vit B3 30% • Vit B6 30% • Vit B12 38% • Folate (B9) 30%
Biotin 30% • Pantothenic Acid (B5) 30% • Iodine 30% • Magnesium 12% • Zinc 30% • Selenium 30% • Copper 34% • Manganese 42% • Molybdenum 30% • Chromium 30%

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DARK CHOCOLATE (Gluten-free, Non-GMO)

PlantSWEET® (Soluble Prebiotic Fiber, Organic Flavors, Organic Reb-A Stevia), Dark Chocolate (Maltitol, Unsweetened Chocolate, Cocoa Butter, Milk Fat, Soy Lecithin, Pure Vanilla, Vanillin), Organic Sunflower Butter, Pea Protein, Quinoa Crisps, Flax Meal and Seed, Cashews, Almonds, Chia Seeds, Organic Coconut, Natural Coconut Flavor, Natural Vanilla Flavor, Organic Cocoa Powder, HOPE Blend (fermented vitamin & mineral blend, Alovéa AE (Certified organic Aloe vera inner leaf gel powder), Organic Coconut Oil, Mixed Tocopherols. Contains: Tree Nuts, Soy Lecithin, Milk Fat.



Nutrition Facts

1 Serving Per Container
Serving size 1 bar (45g)
Amount Per Serving
Calories 190

Amount Per Serving	% Daily Value*
Total Fat 9g	14%
Saturated Fat 1g	5%
Trans Fat 0g	0%
Cholesterol <5mg	1%
Sodium 20mg	1%

Amount Per Serving	% Daily Value*
Total Carbs 21g	7%
Dietary Fiber 14g	56%
Sugars 2g	0%
Added Sugar 0g	0%
Protein 7g	14%

Amount Per Serving	% Daily Value*
Vitamin D-2 6mcg	32%
Calcium 20mg	2%
Iron 1.8mg	10%
Potassium 120mg	3%

Vit A 30% • Vit C 30% • Vit D 32% • Calcium 2% • Iron 10% • Vit E 120% • Vit K 30% • Vit B1 36% • Vit B2 30% • Vit B3 30% • Vit B6 30% • Vit B12 38% • Folate (B9) 30%
Biotin 30% • Pantothenic Acid (B5) 30% • Iodine 30% • Magnesium 12% • Zinc 30% • Selenium 30% • Copper 34% • Manganese 42% • Molybdenum 30% • Chromium 30%

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BLUEBERRY POMEGRANATE (Vegan, Gluten-free, Non-GMO)

PlantSWEET® (Soluble Prebiotic Fiber, Organic Flavors, Organic Reb-A Stevia), Organic Sunflower Butter, Flax Meal and Seed, Quinoa Crisps, Cashews, Pea Protein, Almonds, Blueberries (Blueberries, Apple Juice), Pomegranate Juice Powder, HOPE Blend (fermented vitamin and mineral blend, Alovéa AE (Certified organic Aloe vera inner leaf gel powder), Organic and Natural Flavors, Chia Seeds, Organic Coconut Oil, Mixed Tocopherols, Madagascar Vanilla Bean. Contains: Tree Nuts



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